

Mysteries Of Life

About a century ago, no one would have thought of transmission of audio and video signals through radio waves, which forms the basis of most of our means of communications today, such as TV, radio, mobile telephony, internet etc. Delving into the mind of a person, in order to unearth the events in the past that have influenced or even played a causative role in many of his/her current problems or perhaps opening a window to gaze into the future, may seem like an impossibility today but when viewed in light of the fact that space travel probably belonged to the realm of science fiction at the turn of the 20th century; such feats may well be regular treatment after a few decades.

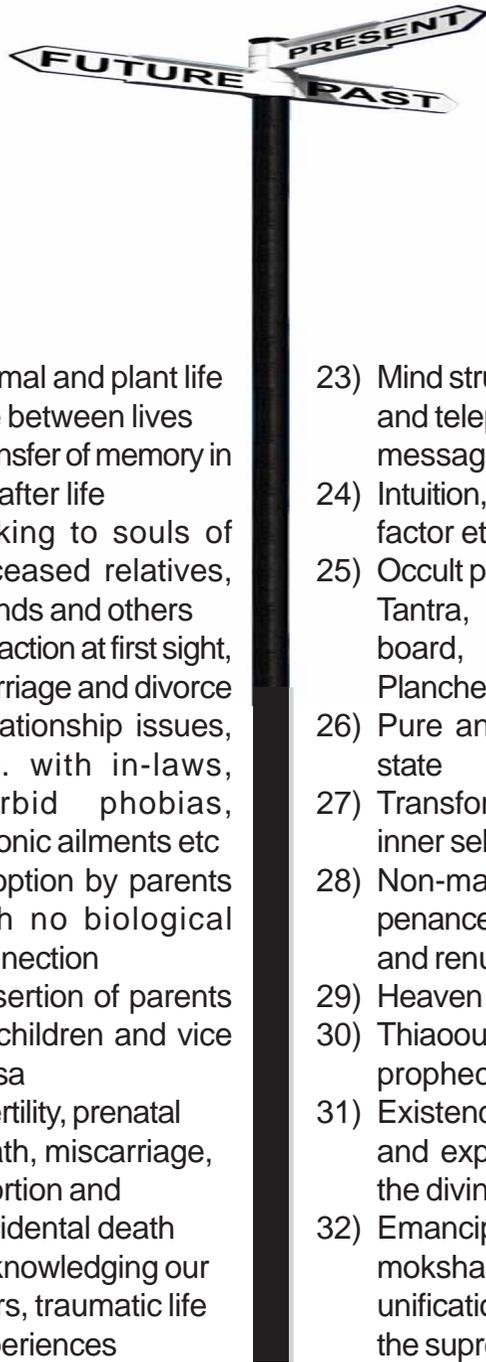
Dr Saxena's forthcoming book 'Mysteries Of Life' will explore concepts of existence and describe in detail many issues that have always fascinated humanity but which have only recently garnered the attention and thought, necessary to unearth the answers to them.

The travails faced by an individual in his/her life are the result of choices made by the soul in its progress towards salvation. The soul enters the womb about four months and four days after conception. The progress of the foetus and the child after birth and even later on

in life depends upon the choices made by the soul, so that suitable lessons can be learned during this lifetime. The knowledge thus acquired enables the soul to make progress. It is the prerogative of the soul to learn appropriate lessons from them and imbibe this learning in its progress towards salvation. Learning about the choices made by the soul and their repercussions form an important part of understanding the reality faced by an individual. This enables him/her to understand the causality of events and face them with equanimity. The therapy of Past Life Regression (PLR) and Future Life Progression (FLP) is commonly used to unearth the answers to many of the issues faced by an individual during his/her life.

The book will address many more issues, including:

- 1) Creation/destruction of life on planets
- 2) Life on other planets
- 3) Cosmic storms
- 4) The complete vibrant colour spectrum, in addition to the normally perceived VIBGYOR, which is invisible in normal life due to terrestrial pollution
- 5) Development cycles
- 6) The journey of souls, their ages, e.g. baby, young and old souls
- 7) Inner child archetypes
- 8) Nurturing the child within
- 9) The freedom of choice, conception and the entry of a soul into a womb
- 10) Birth, death and reincarnation
- 11) Birthing types, traumas and their repercussions
- 12) Past Life Regression (PLR) and Future Life Progression (FLP)



- 13) Animal and plant life
- 14) Life between lives
- 15) Transfer of memory in life after life
- 16) Talking to souls of deceased relatives, friends and others
- 17) Attraction at first sight, marriage and divorce
- 18) Relationship issues, e.g. with in-laws, morbid phobias, chronic ailments etc
- 19) Adoption by parents with no biological connection
- 20) Desertion of parents by children and vice versa
- 21) Infertility, prenatal death, miscarriage, abortion and accidental death
- 22) Acknowledging our fears, traumatic life experiences
- 23) Mind structure and telepathic messaging etc
- 24) Intuition, luck factor etc
- 25) Occult powers, Tantra, Ouija board, Planchette
- 26) Pure and impure state
- 27) Transforming our inner selves
- 28) Non-materialism, penance, sacrifice and renunciation
- 29) Heaven and hell
- 30) Thiaououba prophecies
- 31) Existence of God and experiencing the divine
- 32) Emancipation, moksha and unification with the supreme

In some cases, individuals experience recurring multiple instances of the same problem, e.g. having recurring nightmares about falling or of objects/animals, dying etc. There are also numerous instances of manifestations of psychosomatic illnesses, for which there is no apparent cure by way of conventional therapies. Especially in these cases, the use of PLR and other techniques described in the book have been found to provide significant alleviation of the problem.

The book will include detailed information about how anyone can practice the techniques described in the book to undergo PLR or FLP. Also included will be information about the use of 'Ouija Board' and 'Planchette' and their role in diving answers.

Meditation is often practiced for soothing a troubled mind and achieving inner peace and harmony. A popular meditation practice is '*Vipassana*', which involves focussing on body parts in order to achieve a deep trance. The author has undergone the course and its finer aspects will be included in the book for easy comprehension.

By following these guidelines anybody can utilise these techniques to resolve many intransigent issues pertaining to their lives, without having to resort to any specialised training. The purpose of the book will be to provide detailed answers to many of life's intransigent and seemingly intractable problems – the solutions to which lie within rather than without.